

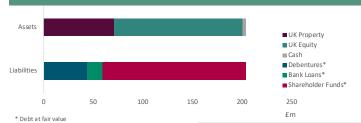
Value and Income Trust PLC

Monthly Factsheet September 2019

KEY FACTS

Market Capitalisation	£113.4m
Total Assets (cum income)	£203.0m
Net Assets (cum income, debt at par)	£153.0m
Net Gearing (debt at par)	31%
Net Yield	4.8 %
Five Year Average Dividend Growth	6.8 %
Year End	March
Dividends Paid	Jan, Apr, Jul, Oct
Ticker	VIN.L, VIN LN
ISIN	GB0008484718
AIC Sector	UK Equity Income
Next AGM	July 2020, Edinburgh

DISTRIBUTION OF ASSETS & LIABILITIES



SHARE PRICE / NAV PERFORMANCE



CUMULATIVE PERFORMANCE To 30/09/19 1 Yr 3 Yr 5 Yr 10 Yr Total shareholder -1.8 % 14.6% 19.9% 154.5% Return 16.4% 27.2% 127.3% -14% **NAV Total Return** FTSE All Share 38.8% 2.5% 23.6% 123.8% **Index Total Return** Source: AIC, Morningstar

INVESTMENT POLICY & AIMS

Value & Income Trust's ("VIT") aim is to invest in quoted UK equities, UK commercial property and cash or near cash securities. VIT does not normally invest in overseas shares or unquoted companies.

VIT invests in higher-yielding, less fashionable areas of the UK commercial property and quoted equity markets, particularly in medium and smaller sized companies. VIT aims for long-term real growth in dividends and capital value without undue risk.

CHARGES

Annual Manageme	ent Charges	0.6%
OCR to 30/09/18		4.6%
OCR to 30/09/18 e	xcluding debt costs	1.5%

KEY STATISTICS

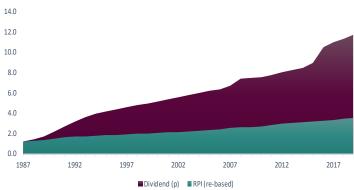
Share Price	249.0p
NAV (cum income, debt at par)	335.9p
Discount (debt at par)	25.9%
NAV (debt at fair value)	314.9p
Discount (debt at fair value)	20.9 %

DIVIDEND HISTORY

DISCRETE PERFORMANCE

Index Total Return

Source: AIC, Morningstar



DISCRETETEN ONWANCE					
	Year to 30/9/15		Year to 30/9/17		Year to 30/9/19
Total shareholder Return	-5.0%	10.1%	12.5%	3.7 %	-1.8%
NAV Total Return	-1.2%	10.6%	14.5%	3.1 %	-1.4%
FTSE All Share	-2.3 %	16.8%	11.9%	5.9 %	2.5 %



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PROPERTY COMMENTARY

OLIM Property specialise in commercial properties with long, index-related income streams to deliver strong, long-term real returns. VIT's property portfolio produced a total return of 8.0% over the year to March 2019, against 5.5% for the MSCI (formerly IPD) Index, the main benchmark for commercial property performance. The property portfolio is valued independently by Savills every six months; the 31 March 2019 total was £68,800,000 (26 properties). Total returns on the property portfolio have been between 11% and 13% p.a., over 3, 5, 10, 20 and 32 years. Real returns above the RPI were 6% last year and between 8% - 9% pa over all cumulative periods from 3 to 32 years.

Purchases in July - Sept: Four purchases completed over the quarter, all with index related leases at a net initial yield of 6.6% - 3 industrial and 1 leisure with a weighted unexpired lease length of 14 years.

Sales in July - Sept: Three sales completed over the quarter at a net initial yield of 7.2% - 1 industrial, 1 supermarket and 1 shop with a weighted unexpired lease length of 7 years.

All 27 Properties: Let on full repairing and insuring leases, with upwards only rent reviews and a weighted average unexpired lease length of 17 years and 29 tenancies. The portfolio yields 6.4% on valuation and is fully let and income producing with 84% of the net rental income from index-related leases.

EQUITY COMMENTARY

VIT's equity portfolio had a good end to its half year, which left the equity total return ahead of its benchmark over the first six months of the year. This is despite an extremely difficult background for higher yielding shares; the FTSE High Yield Index underperformed the FTSE All Share Index by around 4% in the period since March. The main influence on performance during the month was good stock selection with SThree, Babcock International, Legal & General and Britvic all performing well.

During the month we continued to add to the new position in FDM, which will provide useful diversification for the portfolio and improves the underlying growth. The UK stock market still looks attractive on a yield basis but investors are likely to experience more volatility as the end of October and a potential Brexit approaches. Any sensible resolution of the Brexit issues could well see a re-rating of the UK stock market which has lagged its worldwide peers, especially when measured in dollars, as the uncertainty surrounding the economic impact recedes.

The equity portfolio has a small cash position that we will look to invest in high yielding equities in due course.

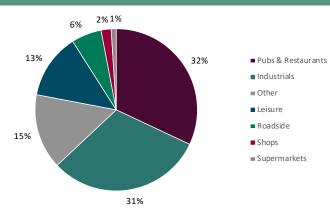
TOP 10 HOLDINGS - PROPERTY PORTFOLIO

12%
8%
7%
7%
5%
5%
4%
4%
4%
4%

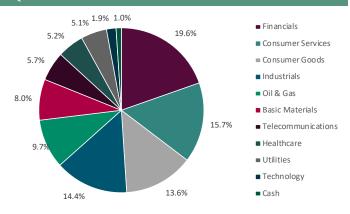
TOP 10 HOLDINGS - EQUITY PORTFOLIO

Unilever	6.0 %
GlaxoSmithKline	5.2%
BP	4.9 %
Royal Dutch Shell	4.8 %
Vodafone	4.2 %
Beazley	4.0 %
HSBC	3.8 %
Informa	3.6 %
Croda International	3.5 %
Legal & General	3.3 %

PROPERTY SECTOR ALLOCATION



EQUITY SECTOR ALLOCATION



DISCLAIMER

Please remember past performance is not a reliable indicator of future results. The value of shares and the income from them can go down as well as up as a result of market and currency fluctuations. You may not get back the amount you invest. Before any investment in Value and Income Trust plc (the "Company"), you should obtain and review the current Key Information Document (KID) and Investor Disclosure Document for the Company which is available at: https://www.olimproperty.co.uk/services.html and https://www.olimprope